



turning good ideas into great results

wholonomy

Training Opportunity: Strengths Based Approaches to Change

What if the key to increasing the impact of your organization and partnerships could be found by building on strengths? Significant new brain research proves that by shifting our focus we begin to unlock the change we've been looking for.

Traditional approaches to organization and system change are based in a deficit paradigm—they focus on problems, gaps and needs. The research shows that these approaches narrow thinking, lead to less creative solutions, and disempower those we strive to engage in change.

By implementing strengths based approaches— identifying and building on existing strengths, assets, and resources— we are able to broaden and build thinking, arrive at more creative solutions, empower those engaged in change, and in doing this build sustainable impact.

Wholonomy Consulting LLC offers interactive workshops that introduce strengths based approaches and offer opportunities for participants to think about how they can be applied to their work.

Topics Covered:

- The common principles and benefits of using strengths based approaches to change
- How to increase impact by identifying and building on strengths in individuals, families, teams, organizations, and multi-organization partnerships and collaborations
- How strengths based approaches to change align with recent research on how the brain works and high performance teams
- Application of strengths based approaches to facilitation, strategic planning, evaluation, and other organizational processes

What participants have told us about their experiences learning about strengths based approaches:

“I've learned that you get what you ask for, if you want positive you need to ask for positive.”

“I see that you can structure meetings to produce one of two outcomes, either drain the energy from the group or create increased energy.”

“Learning to ask powerful and transformative questions can dramatically alter what happens in meetings.”

Wholonomy Consulting LLC is a network of consultants and coaches who assist organizations and partnerships increase impact through the use of strengths-based approaches to change, evaluation and sustainability.

For more information contact:

Cassandra O'Neill, cassandraoneill@comcast.net, 520-403-0687

Sarah Griffiths, slmgriffiths@hotmail.com, 520-271-7970

www.wholonomyconsulting.com